

APRIL BREAKFAST



Mark West Union School District

Monday	Tuesday	Wednesday	Thursday	Friday
30 Vanilla Concha Cheerios Cereal French ToastSticks	31 Mantecada Muffin Honey Bunches of Oats Mini Pancakes	1 Cinnamon Swirl Cheerios Cereal English Muffin Breakfast Sandwich	2 Blueberry Muffin Honey Bunches of Oats Cereal Mini Pancakes (V)	3 Yogurt & Grahams Cinnamon Chex Cereal EggScramble& Biscuit
6 No School	7 Chocolate Chip Muffin Top Honey Bunches of Oats Mini Pancakes (V)	8 Cinnamon Swirl Cheerios Cereal English MuffinBreakfastSandwich	9 Blueberry Muffin Honey Bunches of Oats Cereal MiniPancakes(V)	10 Strawberry Parfait w/Granola Cinnamon Chex Cereal Egg Scramblew/Biscuit
13 Cinnamon Crumble Honey Bunches of Oats Breakfast Apple Hand Pie (V)	14 Mantecada Muffin Cinnamon Chex Cereal CroissantBreakfast Sandwich	15 Conchita w/String Cheese Cheerios Cereal Mini Pancake (V)	16 Yogurt& Grahams Cinnamon Chex Cereal Stuffed Waffle	17 Chocolate Chip Muffin Top Honey Bunches of Oats French Toast Sticks
20 Vanilla Concha Cheerios Cereal FrenchToastSticks	21 ChocolateChipMuffin Top Honey Bunches of Oats Pancakes	22 CinnamonSwirl Cheerios Cereal English Muffin BreakfastSandwich	23 Blueberry Muffin Honey Bunches of Oats Cereal MiniPancakes(V)	24 Yogurt& Grahams Cinnamon Chex Cereal Egg Scramble & Biscuit
27 Cinnamon Crumble Honey Bunches of Oats Breakfast Apple Hand Pie (V)	28 Mantecada Muffin Cinnamon Chex Cereal Croissant Breakfast Sandwich	29 Conchita w/String Cheese Cheerios Cereal Mini Pancake (V)	30 Smoothie w/Granola Cinnamon Chex Cereal Stuffed Waffle	1 Chocolate Chip Muffin Top Honey Bunches of Oats Pancake Breakfat Sandwich

Breakfast Includes:	Featured Fruit:	RevUp Rewards:
Choice of 1% or Fat Free Milk Fruit of the Day (V) Vegetarian *Cereal Served w/ Honey Grahams *Allgrainsarewholegrainrich	Apples, Apple Slices, Applesauce Cups, Bananas, Oranges, Pears, Raisins, 100% Fruit Juice Seasonal Fruit: Blood Oranges	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards



April Lunch



Mark West Union School District

Monday	Tuesday	Wednesday	Thursday	Friday
30	31	1	2	3
Hot Dog& Fries ChickenBites & Mashed Potatoes BYO "P"B&J Kit w/ CornTajin(V)	Chicken Tamale w/ Mixed Veg Mac & Cheese w/ Mixed Veg (V) Bean & Cheese Burrito w/ Baby Carrots (V) Turkey & Cheese Sub Sandwich	Chicken Teriyaki w/ Diced Carrots & Not So Fried Rice Grilled Cheese w/ Fava Beans (V) Beef Taco Stick w/ Baby Carrots Cheese Pizza Kit (V)	Turkey Nachos w/ Tortilla Chips Grilled Cheese w/ Fava Beans (V) Veggie Chef Salad (V)	Pepperoni Pizza Cheese Pizza (V) Turkey&CheeseSub Sandwich
6	7	8	9	10
No School	Pizza Bites w/ Marinara Sauce (V) Chicken Dumplings w/ Not So Fried Rice Bean & Cheese Burrito w/ Baby Carrots (V) CheesePizza Kit (V)	BBQ Chicken w/ Baked Beans Cheese Tamale w/ Black Beans (V) VeggieChef Salad (V)	Penne Pasta w/ Meatsauce Grilled Cheese w/ Baby Carrots (V) Beef Taco Stick w/ Baby Carrots Mantecada Muffin, Yogurt,StringCheese Kit (V)	Pepperoni Pizza Cheese Pizza (V) Turkey & CheeseSub Sandwich
13	14	15	16	17
Crispy Chicken Sandwich&Fries Veggie Burger & Wedges BYO "P"B&J Kit w/ CornTajin (V)	Chicken Tamale w/ Mixed Veg Pizza Bites w/ Marinara Sauce (V) Bean & Cheese Burrito w/ Baby Carrots (V) Turkey & Cheese Sub Sandwich	Chicken Teriyaki w/DicedCarrots & NotSo FriedRice Cheese Lasagna (V) GrilledCheese w/Fava Beans (V) Cheese PizzaKit (V)	Turkey Nachos w/ TortillaChips Grilled Cheese w/ Fava Beans (V) VeggieChef Salad (V)	Pepperoni Pizza Cheese Pizza (V) BYO"P"B&J Kit (V)
20	21	22	23	24
Hot Dog& Fries Beef Elote Loaded Potatoes BYO "P"B&J Kitw/ CornTajin (V)	Bean & CheesePupusa w/ Curtido (V) Chicken Alfredo Pasta w/ Peas Bean & Cheese Burrito w/ Baby Carrots (V) TurkeyTrio Sandwich	Chicken Teriyakiw/ DicedCarrots & Not So Fried rice Mac & Cheese w/ Mixed Veg (V) Beef TacoStick w Baby Carrots Turkey &Cheese SubSandwich	Turkey Nachos w/ TortillaChips Cheese Tamale w/ Black Beans (V) VeggieChef Salad (V)	Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich
27	28	29	30	1
Cheeseburger &Fries Veggie Burger & Wedges (V) "P"B&J BYO Kit w/ CornTajin (V)	Pizza Bites w/Marinara Sauce (V) Chicken Dumplings w/ Not So Fried Rice Bean & Cheese Burrito w/ Baby Carrots (V) Cheese Pizza Kit (V)	TurkeyNachos w/TortillaCips Grilled Cheese w/ Baby Carrots (V) Veggie Chef Salad (V)	Cheese Lasagna (V) Pizza Bites w/ Marinara Sauce (V) Beef Taco Stick w/ Baby Carrots Mantecada Muffin, Yogurt, String Cheese Kit (V)	Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% or Fat Free Milk Fruit & Vegetable of the Day (V) Vegetarian *May include an extra 1/2 cup veg for compliance *Allgrainsarewholegrainrich	Monday: French Fries/ Corn Tuesday: Baby Carrots Wednesday: Cucumber / Celery Thursday: Crispy Beans Friday: Side Salad w/ Dressing	Apples, Apple Slices, Bananas, Pears, Oranges 100% Juice Seasonal: Tangerines	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

