		BREAKE	-ASI	101 AONI
Monday	Tuesday	Wednesday		Friday
3	4	5	6	7
Cinnamon Crumble Cinnamon Chex Cereal Mini Pancakes (V)	Chocolate ChipMuffinTop Cheerios Cereal Sausage & Cheese Croissant Sandwich	Conchita w/ String Cheese Honey Bunches of Oats Cereal Sausage Stuffed Waffle	Mantecada Muffin Cheerios Cereal Egg Scramble w/ Sausage	Blueberry Yogurt Parfait v Granola Honey Bunches Oats Cereal Pancake Sausage Sandwich
10	11	12	13	14
Non-Instructional Day NO SCHOOL	Veteran's Day NO SCHOOL	Vanilla Concha Cinnamon Chex Cereal Mini Pancakes (V)	Blueberry Muffin Honey Bunches of Oats Cereal Breakfast Burrito	Cinnamon Swirl Cinnamo Chex Cereal Sausage Stuffed Waffle
17	18	19	20	21
Cinnamon Crumble Cinnamon Chex Cereal Mini Pancakes (V)	Chocolate Chip Muffin Top Cheerios Cereal English Muffin Sausage Sandwich	Conchita w/ String Cheese Honey Bunches of Oats Cereal Sausage Stuffed Waffle	Mantecada Muffin Cheerios Cereal Egg Scramble w/ Sausage	Strawberry Banana Smooth w/ Granola Honey Bunches of Oats Cer Pancake Sausage Sandwick
24	25	26	27	28
Thanksgiving Break NO SCHOOL	Thanksgiving Break NO SCHOOL	Thanksgiving Break NO SCHOOL	Thanksgiving Break NO SCHOOL	Thanksgiving Break NO SCHOOL
reakfast Includes:	Featured Fruit:		RevUp Rewards:	
noice of 1% or Fat Free Milk Lit of the Day Vegetarian ereal Served w/ Honey Grahams Il grains are wholegrain rich	Apples, Apple Slices, Applesauce Cu 100% Fruit Juice Seasonal Fruit: Tangerines	ups, Bananas, Oranges, Pears, Raisins,	, Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprew	vards
	Cinnamon Chex Cereal Mini Pancakes (V) Non-Instructional Day NO SCHOOL To Cinnamon Crumble Cinnamon Chex Cereal Mini Pancakes (V) Thanksgiving Break NO SCHOOL Teakfast Includes: Dice of 1% or Fat Free Milk it of the Day Vegetarian Pereal Served w/ Honey Grahams It grains are wholegrain rich	Cinnamon Crumble Cinnamon Chex Cereal Mini Pancakes (V) Non-Instructional Day NO SCHOOL Veteran's Day NO SCHOOL Cinnamon Crumble Cinnamon Chex Cereal Mini Pancakes (V) Cinnamon Chex Cereal Mini Pancakes (V) Cheerios Cereal Fallish Muffin Top Cheerios Cereal English Muffin Sausage Sandwich Chocolate Chip Muffin Top Cheerios Cereal English Muffin Sausage Sandwich Chocolate Chip Muffin Top Cheerios Cereal English Muffin Sausage Sandwich Chocolate Chip Muffin Top Cheerios Cereal English Muffin Sausage Sandwich Chocolate Chip Muffin Top Cheerios Cereal English Muffin Sausage Sandwich Chocolate Chip Muffin Top Cheerios Cereal English Muffin Sausage Sandwich Chocolate Chip Muffin Top Cheerios Cereal English Muffin Sausage Sandwich Chocolate Chip Muffin Top Cheerios Cereal English Muffin Sausage Sandwich Chocolate Chip Muffin Top Cheerios Cereal English Muffin Sausage Sandwich Chocolate Chip Muffin Top Cheerios Cereal English Muffin Sausage Sandwich Chocolate Chip Muffin Top Cheerios Cereal English Muffin Sausage Sandwich Apples Sandwich Apples Apple Slices Applesauce Cuitof the Day Vegetarian Preal Served W/ Honey Grahams Apples Apple Slices Applesauce Cuitof the Day Vegetarian Preal Served W/ Honey Grahams	Cinnamon Crumble Cinnamon Chex Cereal Mini Pancakes (V) Non-Instructional Day NO SCHOOL Non Chex Cereal Mini Pancakes (V) Cinnamon Crumble Cinnamon Crumble Non-Instructional Day NO SCHOOL Cinnamon Crumble Cinnamon Chex Cereal Mini Pancakes (V) Checcios Cereal Sausage & Cereal Sausage Stuffed Waffle Vanilla Concha Cinnamon Chex Cereal Mini Pancakes (V) Conchita w/ String Cheese Honey Bunches of Oats Cereal Sausage Stuffed Waffle Conchita w/ String Cheese Cheerios Cereal English Muffin Top Cheerios Cereal English Muffin Sausage Sandwich Conchita w/ String Cheese Honey Bunches of Oats Cereal Sausage Stuffed Waffle Conchita w/ String Cheese Honey Bunches of Oats Conchita w/ String	Cinnamon Crumble Cinnamon Chex Cereal Mini Pancakes (V) Cheerios Cereal Sausage & Cheese Croissant Sandwich Non-Instructional Day NO SCHOOL No SCHOOL Cinnamon Crumble Cinnamon Crumble Cinnamon Chex Cereal Sausage & Cheerios Cereal Sausage & Cheerios Cereal Sausage & Creal Sausage Stuffed Waffle Vanilla Concha Cinnamon Chex Cereal Mini Pancakes (V) Sandwich Vanilla Concha Cinnamon Chex Cereal Mini Pancakes (V) Cinnamon Chex Cereal Mini Pancakes (V) Sandwich Sausage Sandwich Cinnamon Chex Cereal Mini Pancakes (V) Cheerios Cereal Egg Scramble w/ Sausage Sausage Sandwich Sausage Sandwich Sausage Sandwich Thanksgiving Break NO SCHOOL Apples, Apple Silicas, Applesauce Cups, Bananas, Oranges, Pear Raisins, It of the Day Vegetarian Tranksgiving Monthly Vegetarian Tranksgiving Monthly Ret the Meal You Atle You're Entered to Win! Drawings Monthly Drawin

3	Novemb	er Lu	Made for you! W OODs		
	Monday	Tuesday	Wednesday	Thursday	Friday
5	3	4	5	6	7
	Cheeseburger & Fries Hot Dog & Fries Yogurt & Mantacada Kit w/ Corn (V)	Penne Pasta w/ Meatsauce Chicken Tamale w/ Mixed Vegetables Cheese Pizza Kit (V)	BBQ Chicken w/ Baked Beans Bean & Cheese Burrito w/ Fava Beans (V) Chicken Salad & Cheese Kit w/ Crispy Beans	Teriyaki Chicken w/ Rice & Carrots Mac & Cheese w/ Diced Carrots (V) Asian Chicken Salad	Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich
3	10	111	12	13	14
3	Non Instructional Day NO SCHOOL	Holiday NO SCHOOL	Turkey Nachos w/ Tortilla Chips Cheese Tamale w/ Black Beans Veggie Chef Salad	Holiday Turkey Meal w/ Mashed Potatoes Bean & Cheese Pupusa w/ Curtido (V) "P"B&J BYO Kit (V)	Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Pretzel Sandwic
$\mathbf{\hat{S}}_{-}$	17	18	19	20	21
	Cheeseburger & Fries Crispy Chicken Sandwich & Fries Yogurt & Mantacada Kit w/ Corn (V)	Orange Chicken w/ Rice & Peas Penne Pasta w/ Meatsauce Cheese Pizza Kit (V)	Beef Taco Stick w/ Fava Beans Cheese Tamale w/ Black Beans Chicken Salad & Cheese Kit & Crispy Beans	Mac & Cheese w/ Diced Carrots (V) Pizza Bites w/ Marinara (V) Caesar Chicken Salad	Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich
	24	25	26	27	28
	Thanksgiving Break NO SCHOOL	Thanksgiving Break NO SCHOOL	Thanksgiving Break NO SCHOOL	Thanksgiving Break NO SCHOOL	Thanksgiving Break NO SCHOOL
	Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Fi (\v\ *I	Choice of 1% or Fat Free Milk Fruit & Vegetable of the Day V) Vegetarian May include an extra 1/2 cup veg for compliance Allgrainsarewholegrainrich	Monday: French Fries Tuesday: Crispy Beans Wednesday: Baby Carrots Thursday: Cucumber / Celery Friday: Side Salad w/ Dressing	Apples, Apple Slices, Applesauce, Bananas, Dried Cranberries, Oranges, Pears, Raisins, 100% Juice Seasonal: Grapes, Tangerines & Persimmons	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

This institution is an equal opportunity provider. Menus are subject to change without notice.

*Lunch & Vegetarian- NSLP