

# SEPTEMBER BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Labor Day	Vanilla Concha Cheerios Cereal French Toast Sticks	Yogurt Parfait w/ Granola Apple Jacks Cereal Mini Pancakes (V)	Blueberry Muffin Honey Bunches of Oats Cereal Croissant Sausage Sandwich	Cinnamon Swirl Apple Jacks Sausage Stuffed Waffle
8	9	10	11	12
Cinnamon Crumble Cinnamon Chex Cereal Mini Pancakes (V)	Chocolate Chip Muffin Top Cheerios Cereal English Muffin Sausage Sandwich (V)	Conchita & String Cheese Honey Bunches of Oats Cereal Sausage Stuffed Waffle	Mantecada Muffin Apple Jacks Cereal Egg Scramble w/ Sausage	StrawberryBananaSmoothie W/Granola Froot Loops Cereal Pancake SausageSandwich
15	16	17	18	19
Bagel w/Cream Cheese Froot Loops Pancake Sausage Sandwhich	Vanilla Concha Cheerios Cereal French Toast (V)	Yogurt Parfait w/Granola Apple Jacks Cereal Mini Pancakes (V)	Blueberry Muffin Honey Bunches of Oats Cereal Croissant Sausage Sandwich	Cinnamon Swirl Apple Jacks Cereal Sausage Stuffed Waffle
22	23	24	25	26
Cinnomon Crumble Cinnamon Chex Cereal Mini Pancakes (V)	Chocolate ChipMuffin Top Cheerios Cereal English Muffin Sausage Sandwich (V)	Conchita & String Cheese Honey Bunches of Oats Cereal Sausage Stuffed Waffle	Mantecada Muffin Apple Jacks Cereal Egg Scramble w/ Sausage	Strawberry BananaSmoothie w/ Granola Froot Loops Cereal Pancake Sausage Sandwich
29	30			
Bagel w/ Cream Cheese Froot Loops Cereal Pancake Sausage Sandwich	Vanilla Concha Cheerios Cereal French Toast			
Breakfast Includes:	Featured Fruit:		RevUp Rewards:	
Choice of 1% or Fat Free Milk Fruit of the Day = 2 x 1/2 cup options (V) Vegetarian *Cereal Served w/ Graham Crackers *All grains are whole grain rich	Apple, Apple Slices, Applesauce Cup, Banana, Pear, Plum, Raisins, 100% Fruit Juice		Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: <a href="http://www.revolutionfoods.com/revuprewards">www.revolutionfoods.com/revuprewards</a>	



# SEPTEMBER LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
1 Labor Day!	2 Cheeseburger & Fries Hot Dog & Fries Yogurt & Mantacada Kit w/ Corn (V)	3 Chicken Queso Blanco Bowl Bean & Cheese Burrito w/ Crispy Beans (V) Chicken Salad & Cheese Kit w/ Crispy Beans	4 Teriyaki Chicken w/ Rice & Carrots Mac & Cheese Soy Burger w/ Potato Wedges (V) Asian Chicken Salad	5 Beef, Bean & Cheese Burrito Cheese Pizza (V) Turkey & Cheese Sub Sandwich
8 Crispy Chicken Sandwich & Fries Breakfast for Lunch w/ Sausage & Potatoes Yogurt & Mantacada Kit w/ Corn (V)	9 Pizza Dippers w/ Marinara Sauce (V) Chicken Tamale w/ Mixed Vegetables Penne Pasta w/ Meat Sauce Italian Trio Sandwich	10 Chicken Bites w/ Mashed Potatoes Bean & Cheese Pupusa w/ Curtido (V) "P"B&J Kit (V)	11 Turkey Nachos w/ Refried Beans Chicken Tikka Masala w/ Chickpeas Veggie Chef Salad (V)	12 Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Pretzel Sandwich
15 Hamburger & Fries Crispy Chicken Sandwich & Fries Yogurt & Mantacada Kit w/ Corn (V)	16 Orange Chicken w/ Rice & Carrots Penne Pasta w/ Meat Sauce Pizza Dippers w/ Marinara Sauce (V) Cheese Pizza Kit (V)	17 Beef Taco Stick & Crispy Beans Cheese Tamale w/ Black Beans (V) Chicken Salad & Cheese Kit & Crispy Beans	18 Chicken Bites w/ Mashed Potatoes Mac & Cheese Chicken Dumplings w/ Rice & Peas Chicken Cesaer Salad	19 Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich
22 Cheeseburger & Fries Hot Dog & Fries Yogurt & Mantacada Kit w/ Corn (V)	23 Beef Birria Tacos w/ Tajin Corn Chicken Dumplings w/ Rice & Peas Chicken Tamale w/ Mixed Veg Cheese Pizza Kit (V)	24 BBQ Chicken w/ Baked Beans Bean & Cheese Burrito w/ Crispy Beans (V) Chicken Salad & Cheese Kit & Crispy Beans	25 Teriyaki Chicken w/ Rice & Carrots Penne Pasta w/ Meat Sauce Soy Burger w/ Potato Wedges (V) Asian Chicken Salad	26 Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich
29 Crispy Chicken Sandwich & Fries Hot Dog & Fries Yogurt & Mantacada Kit w/ Corn (V)	30 Pizza Dippers w/ Marinara Sauce (V) Chicken Tamale w/ Mixed Veg Penne Pasta w/ Meat Sauce Turkey Trio Sandwich			
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards	
Choice of 1% or Fat Free Milk Fruit & Vegetable of the Day (V) Vegetarian *May include an extra 1/2 cup veg for compliance *Allgrainsarewholegrainrich	Monday: French Fries Tuesday: Carrots Wednesday: Crunchy Beans Thursday: Cucumber / Celery Friday: Side Salad w/ Dressing	Apples, Applesauce, Bananas, Grapes, Oranges, Peaches, Pears, Plums, Watermelon 100% Juice	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: <a href="http://www.revolutionfoods.com/revuprewards">www.revolutionfoods.com/revuprewards</a>	

