

# MARK WEST UNION SCHOOL DISTRICT

August 2024

## NSLP Lunch Menu K-8



| Monday   | Tuesday   | Wednesday  | Thursday   | Friday   |
|--|---|--|--|--|
| FEATURED ENTRÉE OF THE DAY                         |   |  |  |  |
|  |   | 14-Aug   | 15-Aug   | 16-Aug   |
|  |   | Chicken Tamale<br>w/ Seasoned Diced Carrots                  | Turkey Nachos<br><i>Original Poptilla Chips</i>          | Deep Dish Cheese Pizza                                       |
|  |   | Soy Butter & Jelly Sandwich<br><i>Baby Carrots</i>           | Chicken Salad Sandwich<br><i>Baby Carrots</i>            | Chicken Teriyaki Pasta Salad<br><i>(Cold)</i>                |
|  |   | Build Your Own<br>Cheese Pizza Kit<br>Marinara Sauce         | Flat Bread &<br>Hummus Kit w/ Egg<br><i>Baby Carrots</i> | Lunch Yogurt Pafait<br>w/ Berries<br><i>Cinnamon Granola</i> |
|  |   | <i>Roasted Chickpeas</i>                                     | <i>Cucumber Slices w/ Tajin</i>                          | <i>Romaine Side Salad w/ Ranch</i>                           |
|  |   | <i>Apple</i>   | <i>100% Fruit Juice</i>                                  | <i>Grapes</i>  |
| 19-Aug   | 20-Aug  | 21-Aug   | 22-Aug   | 23-Aug   |
| Hot Dog<br>Oven Baked Fries                        | Chicken Bites<br>w/ Mashed Potatoes   | Teriyaki Chicken<br>w/ Yakisoba Noodles<br>Cabbage & Carrots | Beef, Bean & Cheese Burrito<br><i>Baby Carrots</i>       | Deep Dish Pepperoni Pizza                                    |
| Turkey & Cheese Torta<br><i>Side of Corn Salad</i> | Chicken Salad Sandwich<br><i>Baby Carrots</i>   | Turkey & Cheese<br>Submarine Sandwich<br><i>Baby Carrots</i> | Mexican Chicken Salad<br><i>Original Poptilla Chips</i>  | Soy Butter & Jelly Sandwich                                  |
| Double Cheese Torta<br><i>Side of Corn Salad</i>   | Protein Pack:<br>Yogurt, String Cheese, Crackers<br><i>Baby Carrots</i>               | Egg Salad Sandwich<br><i>Baby Carrots</i>                    | Build Your Own<br>Cheese Pizza Kit<br>Marinara Sauce     | Mantecada,<br>Yogurt, Baby Carrots<br>& String Cheese Kit    |
| <i>Baby Carrots</i>                                | <i>Baby Carrots</i>   | <i>Roasted Chickpeas</i>                                     | <i>Cucumber Slices w/ Tajin</i>                          | <i>Romaine Side Salad w/ Ranch</i>                           |
| <i>100% Fruit Juice</i>                            | <i>Plum</i>   | <i>Apple</i>   | <i>100% Fruit Juice</i>                                  | <i>Grapes</i>  |
| 26-Aug   | 27-Aug  | 28-Aug   | 29-Aug   | 30-Aug   |
| Cheeseburger<br>Oven Baked Fries                   | Chicken Alfredo Pasta<br>w/ Steamed Broccoli  | Chicken Tamale<br>w/ Seasoned Diced Carrots                  | Turkey Nachos<br><i>Original Poptilla Chips</i>          | Deep Dish Cheese Pizza                                       |
| Turkey & Cheese Torta<br><i>Side of Corn Salad</i> | Turkey & Cheese<br>Submarine Sandwich<br><i>Baby Carrots</i>                          | Soy Butter & Jelly Sandwich<br><i>Baby Carrots</i>           | Chicken Salad Sandwich<br><i>Baby Carrots</i>            | Cold Chicken Teriyaki Pasta Salad                            |
| Double Cheese Torta<br><i>Side of Corn Salad</i>   | Protein Pack:<br>String Cheese, Sunflower Seeds &<br>Crackers,<br><i>Baby Carrots</i> | Build Your Own<br>Cheese Pizza Kit<br>Marinara Sauce         | Flat Bread &<br>Hummus Kit w/ Egg<br><i>Baby Carrots</i> | Lunch Yogurt Pafait<br>w/ Berries<br><i>Cinnamon Granola</i> |
| <i>Baby Carrots</i>                                | <i>Baby Carrots</i>   | <i>Celery Sticks</i>   | <i>Fava Beans</i>  | <i>Romaine Side Salad w/ Ranch</i>                           |
| <i>100% Fruit Juice</i>                            | <i>Plum</i>   | <i>Apple</i>   | <i>100% Fruit Juice</i>                                  | <i>Grapes</i>  |

All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. Menus are subject to change without notice.