



# MARK WEST UNION SCHOOL DISTRICT

May 2024

## Lunch Menu K-8



Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEKLY 5 FAVE</b>				
Cheeseburger Oven Baked Fries	Chicken Bites w/ Mashed Potatoes	Chicken Tamale w/ Seasoned Diced Carrots	Turkey Nachos Poptilla Chips	Deep Dish Pepperoni Pizza
<b>COLD ENTRÉES OF THE DAY</b>				
Turkey & Cheese Torta <i>Side of Baked Fries</i>	Turkey & Cheese Submarine Sandwich <i>Baby Carrots</i>	Vegetable Chef Salad w/ Egg & Cheese <i>Dinner Roll Ranch Dressing</i>	Chicken Salad Sandwich <i>Fava Beans</i>	Chicken Caprese Salad <i>Dinner Roll Italian Dressing</i>
Double Cheese Torta <i>Side of Baked Fries</i>	Soy Butter & Jelly Sandwich <i>Baby Carrots</i>	Build Your Own Cheese Pizza Kit <i>Marinara Sauce</i>	Cheese Submarine Sandwich <i>Fava Beans</i>	Egg Salad Sandwich
<b>FEATURED ENTRÉE OF THE DAY</b>				
29-Apr	30-Apr	1-May	2-May	3-May
Cheeseburger Oven Baked Fries	Beef Bulgogi Brown Rice Steamed Broccoli	Chicken Tamale w/ Seasoned Diced Carrots	Chicken Burrito Bowl w/ Black Beans & Rice	Beef, Bean & Cheese Burrito
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce	Cheese Enchilada w/ Creamy Green Salsa	Cheese Tamale w/ Black Beans	Grilled Cheese Sandwich
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Roasted Chickpeas</i>	<i>Celery Sticks</i>	<i>Romaine Side Salad w/ Ranch</i>
<i>100% Fruit Juice</i>	<i>Orange</i>	<i>Banana</i>	<i>Apple</i>	<i>Orange</i>
6-May	7-May	8-May	9-May	10-May
Chicken Patty Burger Oven Baked Fries	Chicken Alfredo Pasta w/ Steamed Broccoli	Teriyaki Chicken w/ Yakisoba Noodles Cabbage & Carrots	 Fajita Chicken w/ Pinto Beans Poptilla Chips	Cheeseburger Mac & Cheese
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce	Bean & Cheese Pupusa <i>Salsa Cup</i>	Cheese Tamale w/ Black Beans	Deep Dish Cheese Pizza
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Roasted Chickpeas</i>	<i>Celery Sticks</i>	<i>Romaine Side Salad w/ Ranch</i>
<i>100% Fruit Juice (No Juice: Apple 1/2 c)</i>	<i>Orange</i>	<i>Banana</i>	<i>Apple</i>	<i>Orange</i>
13-May	14-May	15-May	16-May	17-May
Hot Dog Oven Baked Fries	Chicken Teriyaki Not So Fried Rice Diced Carrots	Chicken Enchilada w/ Creamy Green Salsa	Turkey Nachos Poptilla Chips	<b>NO SCHOOL NON INSTRUCTIONAL DAY</b>
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce	Bean & Cheese Pupusa <i>Salsa Cup</i>	Cheese Tamale w/ Black Beans	
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Roasted Chickpeas</i>	<i>Cucumber Slices w/ Tajin</i>	
<i>100% Fruit Juice</i>	<i>Orange</i>	<i>Banana</i>	<i>Apple</i>	
20-May	21-May	22-May	23-May	24-May
Cheeseburger Oven Baked Fries	Beef Bulgogi Brown Rice Steamed Broccoli	Penne Pasta w/ Meatsauce	Chicken Burrito Bowl w/ Black Beans & Rice	Beef, Bean & Cheese Burrito
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce	Cheese Enchilada w/ Creamy Green Salsa	Cheese Tamale w/ Black Beans	Grilled Cheese Sandwich
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Roasted Chickpeas</i>	<i>Cucumber Slices w/ Tajin</i>	<i>Romaine Side Salad w/ Ranch</i>
<i>100% Fruit Juice</i>	<i>Orange</i>	<i>Banana</i>	<i>Apple</i>	<i>Orange</i>
27-May	28-May	29-May	30-May	31-May
Memorial Day	Cheeseburger Oven Baked Fries	Teriyaki Chicken w/ Yakisoba Noodles Cabbage & Carrots	 Fajita Chicken w/ Pinto Beans Poptilla Chips	Cheeseburger Mac & Cheese
	Cheese Melt Oven Baked Fries	Bean & Cheese Pupusa <i>Salsa Cup</i>	Cheese Tamale w/ Black Beans	Deep Dish Cheese Pizza
	<i>Baby Carrots</i>	<i>Roasted Chickpeas</i>	<i>Celery Sticks</i>	<i>Romaine Side Salad w/ Ranch</i>
	<i>Orange</i>	<i>Banana</i>	<i>Apple</i>	<i>Orange</i>

All entrees served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich.  
This Institution is an equal opportunity provider. Menus are subject to change without notice.