

# MARK WEST UNION SCHOOL DISTRICT

April 2024

## Lunch Menu K-8



Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEKLY 5 FAVE</b>				
Cheeseburger Oven Baked Fries	Chicken Bites w/ Mashed Potatoes	Chicken Tamale w/ Seasoned Diced Carrots	Turkey Nachos Tortilla Chips	Deep Dish Pepperoni Pizza
<b>COLD ENTRÉES OF THE DAY</b>				
Turkey & Cheese Torta <i>Side of Baked Fries</i>	Turkey & Cheese Submarine Sandwich <i>Baby Carrots</i>	Vegetable Chef Salad w/ Egg & Cheese <i>Dinner Roll Ranch Dressing</i>	Chicken Salad Sandwich <i>Fava Beans</i>	Chicken Caprese Salad <i>Dinner Roll Italian Dressing</i>
Double Cheese Torta <i>Side of Baked Fries</i>	Soy Butter & Jelly Sandwich <i>Baby Carrots</i>	Build Your Own Cheese Pizza Kit Marinara Sauce	Cheese Submarine Sandwich <i>Fava Beans</i>	Egg Salad Sandwich
<b>FEATURED ENTRÉE OF THE DAY</b>				
1-Apr	2-Apr	3-Apr	4-Apr	5-Apr
Hot Dog Oven Baked Fries	Spaghetti w/ Meat Sauce	Chicken Enchilada w/ Creamy Green Salsa	Chicken Burrito Bowl w/ Black Beans & Rice	BBQ Rib Sandwich on Hoagie Roll
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce	Bean & Cheese Pupusa <i>Salsa Cup</i>	Cheese Tamale w/ Black Beans	Grilled Cheese Sandwich
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Roasted Chickpeas</i>	<i>Cucumber Slices w/ Tajin</i>	<i>Romaine Side Salad w/ Ranch</i>
<i>100% Fruit Juice</i>	<i>Orange</i>	<i>Banana</i>	<i>Apple</i>	<i>Orange</i>
8-Apr	9-Apr	10-Apr	11-Apr	12-Apr
Cheeseburger Oven Baked Fries	Beef Bulgogi Brown Rice Steamed Broccoli	Chicken Tamale w/ Seasoned Diced Carrots	Chicken Burrito Bowl w/ Black Beans & Rice	Beef, Bean & Cheese Burrito
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce	Cheese Enchilada w/ Creamy Green Salsa	Cheese Tamale w/ Black Beans	Grilled Cheese Sandwich
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Roasted Chickpeas</i>	<i>Celery Sticks</i>	<i>Romaine Side Salad w/ Ranch</i>
<i>100% Fruit Juice</i>	<i>Orange</i>	<i>Banana</i>	<i>Apple</i>	<i>Orange</i>
15-Apr	16-Apr	17-Apr	18-Apr	19-Apr
Grilled Chicken Sandwich Oven Baked Fries BBQ Sauce Packet	Chicken Alfredo Pasta w/ Steamed Broccoli	Teriyaki Chicken w/ Yakisoba Noodles Cabbage & Carrots	Turkey Nachos Tortilla Chips	Cheeseburger Mac & Cheese
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce	Bean & Cheese Pupusa <i>Salsa Cup</i>	Cheese Tamale w/ Black Beans	Deep Dish Cheese Pizza
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Roasted Chickpeas</i>	<i>Cucumber Slices w/ Tajin</i>	<i>Romaine Side Salad w/ Ranch</i>
<i>100% Fruit Juice</i>	<i>Orange</i>	<i>Banana</i>	<i>Apple</i>	<i>Orange</i>
22-Apr	23-Apr	24-Apr	25-Apr	26-Apr
Hot Dog Oven Baked Fries	Spaghetti w/ Meat Sauce	Chicken Enchilada w/ Creamy Green Salsa	Chicken Burrito Bowl w/ Black Beans & Rice	Hamburger
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce	Bean & Cheese Pupusa <i>Salsa Cup</i>	Cheese Tamale w/ Black Beans	Grilled Cheese Sandwich
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Roasted Chickpeas</i>	<i>Cucumber Slices w/ Tajin</i>	<i>Romaine Side Salad w/ Ranch</i>
<i>100% Fruit Juice</i>	<i>Orange</i>	<i>Banana</i>	<i>Apple</i>	<i>Orange</i>
29-Apr	30-Apr	1-May	2-May	3-May
Cheeseburger Oven Baked Fries	Beef Bulgogi Brown Rice Steamed Broccoli	Chicken Tamale w/ Seasoned Diced Carrots	Chicken Burrito Bowl w/ Black Beans & Rice	Beef, Bean & Cheese Burrito
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce	Cheese Enchilada w/ Creamy Green Salsa	Cheese Tamale w/ Black Beans	Grilled Cheese Sandwich
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Roasted Chickpeas</i>	<i>Celery Sticks</i>	<i>Romaine Side Salad w/ Ranch</i>
<i>100% Fruit Juice</i>	<i>Orange</i>	<i>Banana</i>	<i>Apple</i>	<i>Orange</i>

All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich.  
This institution is an equal opportunity provider. Menus are subject to change without notice.