

MARK WEST UNION SCHOOL DISTRICT

Breakfast Menu

February 2024

Monday	Tuesday	Wednesday	Thursday	Friday
29-Jan	30-Jan	31-Jan	1-Feb	2-Feb
Cherrios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Lemon Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Mantecada Sweet Bread	Yogurt Parfait w/Blueberries Honey Grahams	Banana Bread	Scramble Egg & Cheese Breakfast Sandwich	Bagel w/Cream Cheese
<i>Orange & Seasonal Fruit</i>	<i>Orange & Seasonal Fruit</i>	<i>100% Fruit Juice & Seasonal Fruit</i>	<i>Banana & Seasonal Fruit</i>	<i>Pear & Seasonal Fruit</i>
5-Feb	6-Feb	7-Feb	8-Feb	9-Feb
Cherrios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Blueberry Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Cinnamon Crumble	Bean & Cheese Burrito	Yogurt & Honey Grahams	Cinnamon Waffles Syrup	Cranberry Oatmeal Round
<i>Orange & Seasonal Fruit</i>	<i>Orange & Seasonal Fruit</i>	<i>100% Fruit Juice & Seasonal Fruit</i>	<i>Banana & Seasonal Fruit</i>	<i>Pear & Seasonal Fruit</i>
12-Feb	13-Feb	14-Feb	15-Feb	16-Feb
Lincoln's Birthday	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Lemon Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Holiday	Egg & Cheese Empanada	Banana Bread	Yogurt Parfait w/Blueberries Honey Grahams	Bagel w/Cream Cheese
No School	<i>Orange & Seasonal Fruit</i>	<i>100% Fruit Juice & Seasonal Fruit</i>	<i>Banana & Seasonal Fruit</i>	<i>Pear & Seasonal Fruit</i>
19-Feb	20-Feb	21-Feb	22-Feb	23-Feb
Presidents' Day	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Vanilla Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Holiday	Cheerios Cereal W/Honey Grahams	Cinnamon Roll	Breakfast Cheese Tamale	Vanilla Mini Loaf & String Cheese
No School	<i>Orange & Seasonal Fruit</i>	<i>100% Fruit Juice & Seasonal Fruit</i>	<i>Banana & Seasonal Fruit</i>	<i>Pear & Seasonal Fruit</i>
26-Feb	27-Feb	28-Feb	29-Feb	1-Mar
Cherrios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Blueberry Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Cinnamon Crumble	Bean & Cheese Burrito	Yogurt & Honey Grahams	Cinnamon Waffles Syrup	Cranberry Oatmeal Round
<i>Orange & Seasonal Fruit</i>	<i>Banana & Seasonal Fruit</i>	<i>100% Fruit Juice & Seasonal Fruit</i>	<i>Orange & Seasonal Fruit</i>	<i>Pear & Seasonal Fruit</i>

All entrées served with choice of 1% milk or fat free milk.

All grain items offered are Whole Grain Rich

MENU SUBJECT TO CHANGE WITHOUT NOTICE



This institution is an equal opportunity provider.