

MARK WEST UNION SCHOOL DISTRICT

Breakfast Menu JANUARY 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1-Jan	2-Jan	3-Jan	4-Jan	5-Jan
WINTER BREAK - NO SCHOOL				
8-Jan	9-Jan	10-Jan	11-Jan	12-Jan
WINTER	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Lemon Muffin	Cinnamon Chex Cereal w/ Honey Grahams
BREAK	Yogurt Parfait w/Blueberries w/Honey Grahams	Banana Bread	Scramble Egg & Cheese Breakfast Sandwich	Bagel w/Cream Cheese
NO SCHOOL	<i>Orange & Seasonal Fruit</i>	<i>100% Fruit Juice & Seasonal Fruit</i>	<i>Banana & Seasonal Fruit</i>	<i>Pear & Seasonal Fruit</i>
15-Jan	16-Jan	17-Jan	18-Jan	19-Jan
HOLIDAY	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Vanilla Muffin	Cinnamon Chex Cereal w/ Honey Grahams
MARTIN LUTHER KING DAY	Cheerios Cereal w/ Honey Grahams	Cinnamon Roll	French Toast Sticks	Vanilla Mini Loaf & String Cheese
NO SCHOOL	<i>Orange & Seasonal Fruit</i>	<i>100% Fruit Juice & Seasonal Fruit</i>	<i>Banana & Seasonal Fruit</i>	<i>Pear & Seasonal Fruit</i>
22-Jan	23-Jan	24-Jan	25-Jan	26-Jan
Cherrios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Blueberry Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Cinnamon Crumble	Bean & Cheese Burrito	Yogurt & Honey Grahams	Cinnamon Waffles Syrup	Cranberry Oatmeal Round
<i>Orange & Seasonal Fruit</i>	<i>Orange & Seasonal Fruit</i>	<i>100% Fruit Juice & Seasonal Fruit</i>	<i>Banana & Seasonal Fruit</i>	<i>Pear & Seasonal Fruit</i>
29-Jan	30-Jan	31-Jan	1-Feb	2-Feb
Cherrios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Lemon Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Mantecada Sweet Bread	Yogurt Parfait w/Blueberries & Honey Crackers	Banana Bread	Scramble Egg & Cheese Breakfast Sandwich	Bagel w/Cream Cheese
<i>Orange & Seasonal Fruit</i>	<i>Banana & Seasonal Fruit</i>	<i>100% Fruit Juice & Seasonal Fruit</i>	<i>Orange & Seasonal Fruit</i>	<i>Pear & Seasonal Fruit</i>

All entrées served with choice of 1% milk or fat free milk.

All grain items offered are Whole Grain Rich

MENU SUBJECT TO CHANGE WITHOUT NOTICE



This institution is an equal opportunity provider.