

MARK WEST UNION SCHOOL DISTRICT

Lunch Menu

DECEMBER 2023

WEEKLY 5 FAVE

Cheeseburger Baked Fries	Oven	Baked Ziti w/ Meat Sauce	Chicken Tamale Carrots	w/Diced	Turkey Nachos Beans	Refried Poptillas Chips	Deep Dish Pepperoni Pizza
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SANDWICH OF THE DAY

Turkey & Cheese Torta <i>Side of Baked Fries</i>	Smoked Turkey & Cheese Sandwich on Knot Roll <i>Baby Carrots</i>	Chicken Salad Sandwich <i>Celery Sticks</i>	Turkey & Cheese Torta <i>Garbanzo Bean Pico Salad</i>	Smoked Turkey & Cheese Sandwich on Knot Roll
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FEATURED ENTRÉE OF THE DAY

27-Nov	28-Nov	29-Nov	30-Nov	1-Dec
Grilled Chicken Sandwich Oven Baked Fries	Beef Bulgogi Brown Rice Steamed Broccoli	Chicken & Waffle: Waffle, Chcken Bites & Seasonal Potatoes	Cheicken Fajitas w/ Pinto Beans Poptilla Chips	Beef, Bean & Cheese Burrito
Baby Carrots	Baby Carrots	Celery Sticks	Cucumber Slices w/Tajin	Romaine Salad w/ Ranch Dressing
100% Fruit Juice	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
4-Dec	5-Dec	6-Dec	7-Dec	8-Dec
Hot Dog Oven Fries	Baked Chicken Bites Mashed Potatoes	w/ Chicken "Poptilla" Soup Original Poptilla Chips	Chicken Burrito Bowl w/Black Beans & Rice	Deep Dish Cheese Pizza
Baby Carrots	Baby Carrots	Celery Sticks	Jicama Sticks	Romaine Salad w/ Ranch Dressing
100% fruit Juice	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
11-Dec	12-Dec	13-Dec	14-Dec	15-Dec
Chicken Patty Burger Oven Baked Fries	Chicken Alfredo Pasta w/Steamed Broccoli	Teriyaki Chicken w/Yakisoba Noodles Cabbage & Carrots	Turkey & Bean Chili Poptilla Chips	HOLIDAY MEAL Grill Chicken w/Sweet Potatoes, Green Beans, & Dinner Roll
Baby Carrots	Baby Carrots	Celery Sticks	Jicama Sticks	Romaine Salad w/ Ranch Dressing
100% fruit Juice	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
18-Dec	19-Dec	20-Dec	21-Dec	22-Dec
Cheese Melt Oven Baked Fries	Cheese Baked Ziti	Cheese Pizza Kit	Bean & Cheese Pupusa w/ Pinto Beans	NO SCHOOL
Baby Carrots	Baby Carrots	Celery Sticks	Jicama Sticks	WINTER RECESS
100% fruit Juice	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	
25-Dec	26-Dec	27-Dec	28-Dec	29-Dec

WINTER RECESS- no School

All entrées served with choice of 1% milk, fat free or chocolate milk.

All grain items offered are Whole Grain Rich

MENU SUBJECT TO CHANGE WITHOUT NOTICE



This institution is an equal opportunity provider.