

MARK WEST UNION SCHOOL DISTRICT

Breakfast Menu

DECEMBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday
27-Nov	28-Nov	29-Nov	30-Nov	1-Dec
Cherrios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Vanilla Muffin	Cherrios Cereal w/ Honey Grahams
Cinnamon Delight Bar Orange, Whole Fruit Milk	Orange, Whole Fruit Milk	Cinnamon Roll 100% Fruit Juice Whole Fruit -Milk	Banana Whole Fruit Milk	Vanilla Mini Loaf & String Cheese Orange, Whole Fruit - Milk
4-Dec	5-Dec	6-Dec	7-Dec	8-Dec
Cherrios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Blueberry Muffin	Cherrios Cereal w/ Honey Grahams
Cinnamon Crumble Orange Whole Fruit -Milk	Orange Whole Fruit Milk	Yogurt Cup w/Honey Grahams 100% Fruit Juice Whole Fruit - Milk	Banana Whole Fruit Milk	Cranberry Oatmeal Round Pear Whole Fruit - Milk
11-Dec	12-Dec	13-Dec	14-Dec	15-Dec
Cherrios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Lemon Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Mantecada Sweet Bread Orange, Whole Fruit - Milk	Yogurt Parfait w/ Blueberries Honey Grahams Orange -Whole Fruit - Milk	Banana Bread 100% Fruit Juice Whole Fruit -Milk	Banana Whole Fruit Milk	Bagel w/ Cream Cheese Pear- Whole Fruit Milk
18-Dec	19-Dec	20-Dec	21-Dec	22-Dec
Cherrios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Vanilla Muffin	NO SCHOOL
Orange Whole Fruit -Milk	Orange Whole Fruit - Milk	100% Fruit Juice Whole Fruit - Milk	Banana Whole Fruit - Milk	WINTER RECESS
25-Dec	26-Dec	27-Dec	28-Dec	29-Dec

WINTER RECESS

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.

MENU SUBJECT TO CHANGE WITHOUT NOTICE



This institution is an equal opportunity provider.