

MARK WEST UNION SCHOOL DISTRICT

Lunch Menu

November 2023

WEEKLY 5 FAVE

Cheeseburger
Oven Baked Fries

Baked Ziti
w/ Meat Sauce

Chicken Tamale
w/ Seasoned Corn

Turkey Nachos
Poptillas Chips

Deep Dish Pepperoni Pizza

SANDWICH OF THE DAY

Turkey & Cheese Torta
Side of Baked Fries

Smoked Turkey & Cheese
Sandwich on Knot Roll
Baby Carrots

Chicken Salad Sandwich
Celery Sticks

Italian Turkey Submarine
Garbanzo Bean &
Tomato Salad

Smoked Turkey & Cheese
Sandwich on Knot Roll

FEATURED ENTRÉE OF THE DAY

30-Oct

31-Oct

1-Nov

2-Nov

3-Nov

Chicken Patty Burger
Oven Baked Fries

Chicken Alfredo Pasta
w/ Steamed Broccoli

Chicken Enchilada
w/ Creamy Green Salsa

Turkey & Bean Chili
Poptilla Chips

Beef, Bean & Cheese Burrito

Baby Carrots

Baby Carrots

Celery Sticks

Jicama Sticks

Romaine Salad w/ Ranch
Dressing

100% fruit Juice

Seasonal Fruit

Seasonal Fruit

Seasonal Fruit

Seasonal Fruit

6-Nov

7-Nov

8-Nov

9-Nov

10-Nov

Hot Dog
Oven Baked Fries

Chicken Bites
w/ Mashed Potatoes

Chicken "Poptilla" Soup
Original Poptilla Chips

Chicken Burrito Bowl
w/Black Beans & Rice

Holiday

Baby Carrots

Baby Carrots

Celery Sticks

Jicama Sticks

NO SCHOOL

100% fruit Juice

Seasonal Fruit

Seasonal Fruit

Seasonal Fruit

13-Nov

14-Nov

15-Nov

16-Nov

17-Nov

Chicken Patty Burger
Oven Baked Fries

Chicken Alfredo Pasta
w/Steamed Broccoli

Teriyaki Chicken
w/Yakisoba Noodles
Cabbage & Carrots

Turkey & Bean Chili
Poptilla Chips

HOLIDAY MEAL
Grill Chicken w/Sweet
Potatoes, Green Beans, &
Dinner Roll

Baby Carrots

Baby Carrots

Celery Sticks

Jicama Sticks

Romaine Salad w/ Ranch
Dressing

100% fruit Juice

Seasonal Fruit

Seasonal Fruit

Seasonal Fruit

Seasonal Fruit

20-Nov

21-Nov

22-Nov

23-Nov

24-Nov

THANKSGIVING BREAK

NO SCHOOL

27-Nov

28-Nov

29-Nov

30-Nov

1-Dec

Grilled Chicken Sandwich
Oven Baked Fries

Beef Bulgogi
Brown Rice
Steamed Broccoli

Chicken & Waffle
Waffle, Chicken Bites &
Seasonal Potatoes

Chicken Fajitas
w/ Pinto Beans
Poptilla Chips

Beef, Bean & Cheese Burrito

Baby Carrots

Baby Carrots

Celery Sticks

Cucumber Slices w/Tajin

Romaine Salad w/ Ranch
Dressing

100% Fruit Juice

Seasonal Fruit

Seasonal Fruit

Seasonal Fruit

Seasonal Fruit

All entrées served with choice of 1% milk, fat free or chocolate milk.

All grain items offered are Whole Grain Rich

MENU SUBJECT TO CHANGE WITHOUT NOTICE



This institution is an equal opportunity provider.