



MARK WEST UNION SCHOOL DISTRICT

February 2023- Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
Frosted Flakes w/ Cinnamon Grahams	Apple Jacks w/ Honey Grahams	Cheerios w/ Cinnamon Grahams	Fruit Loops w/ Honey Grahams	Apple Jacks w/ Honey Grahams
		1 Cinnamon Delight 100% Fruit Juice Whole Fruit Milk	2 Froot Loops w/ Honey Grahams Orange Whole Fruit Milk	3 Blueberry Mini Muffin & String Cheese Pear Whole Fruit Milk
6 Mantecada Dried Cranberries Whole Fruit Milk	7 Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk	8 Pan Dulce 100% Fruit Juice Whole Fruit Milk	9 Froot Loops w/ Honey Grahams Orange Whole Fruit Milk	10 Bagel w/Cream Cheese Pear Whole Fruit Milk
13 Lincoln's Birthday Holiday No School	14 Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk	15 Cinnamon Roll 100% Fruit Juice Whole Fruit Milk	16 Froot Loops w/ Honey Grahams Orange Whole Fruit Milk	17 Vanilla Mini Loaf & String Cheese Pear Whole Fruit Milk
20 Presidents' Day Holiday No School	21 Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk	22 Coffee Cake 100% Fruit Juice Whole Fruit Milk	23 Froot Loops w/ Honey Grahams Orange Whole Fruit Milk	24 Pan Dulce Pear Whole Fruit Milk
27 Bagel w/Cream Cheese Dried Cranberries Whole Fruit Milk	28 Yogurt Parfait w/ Strawberries Honey Grahams Whole Fruit Milk	1 Cinnamon Roll 100% Fruit Juice Whole Fruit Milk	2 Froot Loops w/ Honey Grahams Orange Whole Fruit Milk	3 Blueberry Mini Muffin & String Cheese Pear Whole Fruit Milk

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk. This institution is an equal opportunity provider.

