

# Distance Learning: Counseling Groups

## Open to All Grades

Platform: **Google Meets**

Timeframe: On a weekly basis for 8 eight weeks.

Purpose of the group: to help students, who are feeling isolated, get connected with one another in a small setting.

- Allow students to express their emotions around feeling alone or isolated.
- How to connect and maintain connections with fellow students in their grade level.
- Learn more about computer safety during distance learning.
- Work through to overcome challenges and difficulties during distance learning.



To refer a student, please use email:  
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