

Mark West Union School District Lunch Menu



September 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Entrée of the Day				
31 Hamburger Lettuce, Tomatoes, Pickles <i>Ketchup</i>	1 Beef Enchilada Casserole w/ Beans & Corn	2 <i>Breakfast 4 Lunch</i> French Toast Stix, Chicken Sausage & Tots <i>Syrup</i>	3 Chicken Burrito Salsa Cup	4 Chicken Nuggets Mashed Potatoes
7 <i>Holiday Labor Day</i>	8 Beef Nachos Tortilla Chips	9 Teriyaki Chicken Brown Rice & Broccoli	10 Chicken Tamale Peas & Carrots	11 Baked Ziti w/ Meat Sauce
14 Chicken Enchiladas w/ Green Salsa	15 Spaghetti w/ Meat Sauce	16 Cheeseburger Oven Baked Fries <i>Ketchup</i>	17 Chicken Alfredo w/ Broccoli	18 Chicken Burrito Bowl w/ Brown Rice, Beans & Corn
21 Cheese Tamale Peas & Carrots	22 Grilled Chicken Sandwich Oven Baked Fries <i>Thousand Island Dressing</i>	23 Turkey Chili Popped Corn Chips	24 Roasted Chicken Leg Mac & Cheese Carrot Coins	25 Sweet & Sour Chicken Brown Rice & Broccoli
28 Hamburger Lettuce, Tomatoes, Pickles <i>Ketchup</i>	29 Beef Enchilada Casserole w/ Beans & Corn	30 <i>Breakfast 4 Lunch</i> French Toast Stix, Chicken Sausage & Tots <i>Syrup</i>	1 Chicken Burrito Salsa Cup	2 Chicken Nuggets Oven Baked Fries <i>Ketchup</i>
Fruit of the Day Apple Sauce	100% Fruit Juice	Apple or Pear	Banana	Orange

MENU SUBJECT TO CHANGE WITHOUT NOTICE

This institution is an equal opportunity provider.